



SPORT POLICY 2019

This document was revised and addresses various matters regarding sport and how it functions at the school.

We draw your attention to the following:

Sport is an important component of any school and could be a powerful cohesive factor in a school community. The opposite may also be true. It is thus still important that, together we focus together on the goals we strive for.

1. GOALS FOR SPORT:

- To promote mass participation.
- To help develop a true love for and enjoyment of the sport.
- To develop good sportsmanship, camaraderie and perseverance.
- To develop skills.
- To offer quality coaching through the latest techniques, coaching courses and clinics.
- To realize and develop our children's talents.
- To promote the image of our school.

2. PARENTAL INVOLVEMENT:

The school is grateful for the strong interest in sport shown by parents. Your support is a demonstration of your loyalty. Your children also experience your involvement as important and invigorating.

It is important to be aware of how your child experiences this support. **Healthy and balanced encouragement works wonders, but excessive reaction or over-involvement in practices and matches has negative outcomes.** This is undoubtedly our experience. We are thus calling on parents:

- To continue to motivate and encourage children at all times.
- Not to become involved in the practices.
- Where possible, rather bring your child to the court or field and then fetch him/her after the practice.
- To make an appointment with the coach, if you wish to discuss a pressing matter.
- Leave the team talk, before or after a match, or during half-time, to the coach.
- Remember that coaches have already discussed & planned strategies (before the match) which will be implemented during play.
- Refrain from making remarks about players (not necessarily your own children), concerning the game or how to play the match - this causes confusion.
- Accept the judgment of the coaches and referees and do not question their integrity. No true Educator would willingly penalize a learner or a team.



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- To recognize and respect the policy of the school.

CONCLUSION:

*The school supports an effective and well-planned programme where educational values are realized against the background of healthy competition. The school acknowledges as mentioned above, the impact of parent support if it is reconcilable with the aims of sport on primary school level. **The school, therefore, rejects any emotional and unacceptable behavior that is in conflict with the above convictions and objects strongly to this type of intervention.***

3. DISCIPLINE AND PRIDE

There is a definite link between discipline, pride, motivation and success. The school would like to encourage these important determinants so that the aims of sport can be achieved. There are many practical steps to be taken to ensure the above.

A few examples are:

- Be on time for practices and matches.
- Correct, neat and clean clothes are a requirement. Anything else is an embarrassment.
- The focus on team unity during preparation for a match.
- The orderly movement of players as a team towards a playing field.
- The orderly neat storage of tog bags and other apparatus during the match.
- Learners are to come to any sport meeting in a school tracksuit and leave the match clothed the same way.
- Supporters wear their school uniform.

We would like to request that every learner purchase an official school tog bag that is clearly marked and can be used for every sports match. It is easy to keep an eye on the tog bags and their contents.

4. OTHER POLICY ASPECTS

4.1 The Sport Committee

The sport committee consists of all the organizers of sport at the school, the Head of Sport, Sport Organizer, and the Governing Body representative. The Sport Organizer serves as chairperson of the committee

The committee meets once a term and minutes of these meetings are kept.



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You are welcome to share any ideas or recommendations with the committee who will deal with it as speedily as possible. You are once again referred to the Sport Organizer where your information can be sent for further processing. (ewolfaardt@paarlboysp.co.za)

Below is a table that indicates the portfolios and representatives.

PORTEFEULJE		
SGB-SPORT REPRESENTATIVE	Mr. L. van den Heever	
HEAD OF SPORT	Mr. E. Wolfaardt	ewolfaardt@paarlboysp.co.za
SPORT ORGANIZER	Mnr. E. Wolfaardt	ewolfaardt@paarlboysp.co.za
HEAD OF ATHLETICS	Me. F. Kruger	fkruger@paarlboysp.co.za
HEAD OF SWIMMING	Me. R. Hill	rhill@paarlboysp.co.za
HEAD OF CRICKET	Mr. N. Oelofse	noelofse@paarlboysp.co.za
HEAD OF TENNIS	Mr. R. Bartlett	rbartlett@paarlboysp.co.za
HEAD OF RUGBY	Mr. E. Wolfaart	ewolfaart@paarlboysp.co.za
HEAD OF BIATHLON	Me. M. Pretorius	mpretorius@paarlboysp.co.za
HEAD OF CROSS COUNTRY	Mr. E. Wolfaardt	ewolfaardt@paarlboysp.co.za
HEAD OF HOCKEY	Me. A. Voges	avoges@paarlboysp.co.za
HEAD OF CHESS	Me. M. Kennedy	mkenedy@paarlboysp.co.za
HEAD OF MINI-CHESS	Me. M. Kennedy	mkenedy@paarlboysp.co.za
HEAD OF GOLF	Mr. C. Zondagh	czondagh@paarlboysp.co.za

4.2 Parents as Coaches

The school has three sources for coaches, namely educators, students and parents. A coach needs to commit for the entire season and must be willing to adhere to the school's sport policy. We appreciate the help of parents when it comes to coaching, but the following terms must be obeyed:

- A parent cannot be involved in the coaching of a team or teams where their own child/children participate.
- The above mentioned is not applicable to a parent that is the head coach of an u.13A team where their own child/children participate.
- Specialist coaches will be appointed for the first teams of different sport disciplines.
- A parent can be involved in the coaching of any other team/s where their child does not participate.

4.3 Team Selection

- Team selection is at the absolute discretion of the coaches.
- In the u.7 - u.13 teams, players are chosen on merit. The last team will rotate to enable all players in this group to play a match.



- Trials will be held at the start of each season. In this manner all pupils have a fair and even opportunity when teams are selected for the first match(es). At these trials the different coaches will place the players in a group. The Interhouse Sports days also serve as an opportunity to identify talent.
- No team is final! The skills and development of each learner will be monitored continuously.
- The place and position of each player in a team will be determined by the coach. It is his sole responsibility.
- Recognition is given to the fact that players can develop or perform better in a certain position.

4.4 Age-groups

Players may not participate outside their age group. The age which the player will reach in that year or the age group as indicated by the parenting body of the sport, indicates the age under which he will participate. No over age players may compete in any competition at BPS.

4.5 Absence from practices and matches

Reasons for absence must be relayed, timeously, in writing to the coach. If a coach is not available to attend a practice, he has to notify the sport organizer. It is imperative that the coach knows that a player will not be taking part so that alternative arrangements can be made. Please try to avoid phoning on the match day if possible. Verbal messages via friends are unacceptable. **Learners who stay away from practices, without a legitimate reason, are placing themselves in the position of being moved down to a lower team or not being considered for the following matches. Absence without notice is unacceptable and creates enormous problems.**

4.6 Notice of matches

All players will receive written notices when they play in a match. **No** written notice means **no** match. Fixtures will also be available in the Splinter.

4.7 Dress Code

Appropriate sport attire is always the norm. Details of prescribed dress appears in the school's code of conduct.

TAKE NOTE! Where players are expected to wear protective clothing - it must be done.

4.8 Transport

We are most appreciative of parents' assistance in this regard. On match days, all players and coaches will meet in the quad before departing. There will always be bus transport available if parents cannot assist with transport. If a player is transported by another party, the parent must give permission. No children may be transported in the back of 'bakkies'. The time of leaving and estimated arrival back in Paarl, will be communicated to parents. Please be on time if your son wants to make use of bus transport and contact his coach if there is a valid reason why he



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might be late. Parents who transport learners to matches have to ensure that they are on time with consideration of the warm-up time before the match.

4.9 Injuries

The school will ensure that trained first aid staff is present during matches. Should an injury occur, parents will be notified at the first available opportunity. We aim to provide the injured person with the best medical care as quickly as possible.

4.10 Results

- All results are published in the Splinter; all coaches have been briefed on the submitting of results.
- Parents are requested to inform the school of any achievements in "outside" sports, thus making it possible for us to give the necessary acknowledgement. Please send such information to the Sport organizer: ewolfaardt@paarlboysp.co.za

4.11 Rainy days

On days that it rains, a decision will be made at 12:15 as to whether practices or matches will take place. Parents must phone the sports office **after** 12:15 for information regarding possible cancellations. Players with transport problems may gather at the sports-office until they can be picked up. Please note: Rugby matches will not be cancelled because of rain - unless conditions are extreme.

Contact number:	Sport Organizer:	Elmo Wolfaardt
	School	021 872 4651
	Cell	083 959 4964

Any other arrangements must be clarified with the Head of Sport.

5.0. Policy regarding reserves for sports teams

5.1 League matches

It is the prerogative of the coach to decide whether a reserve will play or not. For example: In case of an injury or to create an opportunity.

5.2 Tournament (friendly)

All players invited to non-competitive tournaments will get a fair chance to play.

5.3 Tournaments (competition)

Coaches will choose the best sides and reserves. The coach will then decide whether a reserve will play or not.



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5.4 Tours (sports clinics included)

All players will get the opportunity to play a full match(es).

INVITATION:

The school invites all role-players to stay involved in a constructive manner with the school's sport. Your support will make sport and our children winners.

Parents who would like to contact the school regarding any other matter may do so via postmaster@paarlboysp.co.za Attention: The Headmaster.

Principal: Paarl Boys' Primary

Chairman of the Governing Body



SUMMER SPORTS

POLICY FOR TENNIS

1 CLOTHING DURING PRACTICES

- a. It is not necessary to practise in the school's tennis clothes.
- b. A white t-shirt and sport shorts are acceptable.
- c. White socks and preferably tennis shoes or shoes that do not make marks.
- d. Cap

2 CLOTHING DURING MATCHES

- a. White, BPS sport shirt.
- b. Navy blue sport shorts.
- c. White socks and preferably tennis shoes or shoes that do not make marks.
- d. Blue school cap.

3 EQUIPMENT

- a. Each player is responsible for his own racket.
- b. Balls for matches and practices are supplied by the school.

4 SUN POLICY

- a. Tennis is mainly a summer sport and therefore the school's sun policy should be followed strictly.
- b. Each boy must bring his own water bottle and sun screen to practices and matches. An acceptable covering for the the head for tennis must be worn.
- c. Players should be allowed to take a break during matches to take in some liquid if it is hot.

5 CONDUCT

- a. There will be no unnecessary arguments about line calls or scores.
- b. The throwing down of racquets, emotional outbursts or negative body language are strictly forbidden. Players that are found guilty of this, will be reprimanded.
- c. It is considered good manners to give recognition to your opponent for good play.



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- d. A true Boishaai gentleman sees that words like welcome, congratulations, thank you very much etc. are part of their vocabulary, on and next to the tennis court.

6 TEAM SELECTIONS

- a. Players are selected on merit after a series of matches. A ranking is drawn up for each age group. Players may then, after arranging with tennis organizer, challenge a player one place above him on the ranking.
- b. For open tournaments, e.g. the Gerrie Berner Tournament, extra trials are held. The u.13A – C and u.11A – players are given the opportunity to play out for this team. (The tennis organizer may use his discretion if he thinks another player should also get an opportunity.)

7. OTHER RELEVANT CODE INFORMATION

- a. Match letters are given out two days before matches.
- b. Bus transport is provided to away match fixtures and practices directly after school.
- c. Boys practising on Wednesday morning can make use of bus transport back to school.
- d. **Beginners:**
Make use of "Play and Stay" techniques. Any learner from Grade R – 3 may attend the practice as indicated on the extra-mural programme.
- e. **Middle Group:** Emphasis on technique and match situations. Any learner from Grade 4 – 7 may attend the practice. (The tennis organizer may use his discretion to invite learners from the beginner group that show particular potential.)
- f. **Teams:**
Structured practices include doubles, placing, approach shots and techniques. Players must attend practices in order to be eligible for team selection.
- g. **Learners must excuse themselves from practices if they cannot attend.**
- h. No parents next to the court during matches. Sit in the area supplied to them.
- i. No negative commands directed at their sons or the opposition players.



POLICY FOR CRICKET

1. PRACTICE TIMES

Please refer to extra-mural programme.

2. CLOTHING FOR PRACTICES AND MATCHES

Mini-Cricket

Practices:

- Navy blue Boishaai shorts
- White BPS golf shirt
- Long socks (NO SECRET SOCKS)
- Takkies (No bare feet)

Matches:

- White PT shorts
- White BPS golf shirt
- Boishaai hockey socks
- Takkies

Senior Cricket

Practices:

- Blue Boishaai shorts
- White Golf Shirt
- Long socks (NO SECRET SOCKS)
- Takkies (No bare feet)

Matches:

- White PT shorts
- Boishaai PT shirt
- Boishaai hockey socks
- Takkies/Spikes/Cricket Shoes

U.13 A team (matches):

- Cricket whites
- u.13A White cricket shirt
- Takkies/Spikes/Cricket Shoes

The u.13 A team is the only team who plays with a different, sponsored shirt and pants.



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3. EQUIPMENT

Mini – Cricket

The school provides all equipment for the u.7 – u.9 boys who play mini-cricket. When the u.9 boys start with the hard ball practices, the school will provide all equipment needed.

Senior Cricket

The boys playing for the u.11 A or B and u.13 A or B are expected to have the following equipment:

- Bat
- Leg guards
- Thigh Guard
- Ball box
- Gloves
- Helmet (No Helmet, no play!)

The boys who are chosen for the u.11 Cobras and Titans and the u.13 Lions and Warriors do not need equipment as the school will provide all the equipment.

4. TEAM SELECTION

Teams are selected on merit. All boys take part in the cricket trials at the beginning of each year, at which point all the relevant coaches are present. The trials are based on the 3 aspects of cricket; batting, bowling and fielding. All three are assessed by the coaches.

At u.13 level the boys are also expected to reach certain "fitness" goals, however, if these goals are not reached, they can still be selected for a team, but fitness will then be a target area to be worked on. Team selection is not final. If a boy is good enough to be promoted, the necessary considerations will be made by the head coach of the age group and the coach of the respective team.

5. AGE GROUPS

Mini cricket will be played by the u.7 – u.9 boys (Grade 1 – 3). In u.9 the school starts with hard ball practices in order to prepare the boys for the u.11 age group, where they start with full 11-man hard ball cricket.

There is no u.10 league in Boland, therefore u.10 and u.11 boys play in the u.11 league.

The u.12 and u.13 boys will play in the u.13 league.

6. FIXTURES

While the fixtures on the term planner are the confirmed fixtures for the first term, we do have fixtures that can be added and/or removed in unforeseen circumstances. If fixtures do change, adequate notice will be given.



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7. TRANSPORT ARRANGEMENTS

Transport will be available for away matches. Parents need to indicate on the match letter if their son requires transport.

SWIMMING POLICY

1. PRACTICE TIMES

During the term there will be two practices set out on the sport timetable for the A and B-group swimmers from u.7 – u.13.

All practices will take place at the school swimming pool.

2. TRANSPORT TO GALAS

Learners will receive a gala letter two days before they participate in a gala. This gala letter also gives the option for the use of school transport. Therefore with each gala a school bus will transport learners to the gala if necessary.

3. CLOTHING

Practice:

It is expected of each swimmer to wear a swimming cap during a practice at school.

Learners are allowed to wear any swimming costume during a practice at school, this excludes board shorts. If a learner decides to use his own equipment and not the school's then he must have the following at every practice.

- Kicker board
- Flippers
- Pool Buoy

If a swimmer cannot attend a practice he must inform the coach. No swimmer is allowed to send a message via another swimmer to excuse himself from a practice.

It is expected of a swimmer to attend at least one practice at school. If he also swims for a club, unless a formal letter is received from his club coach, stated in the letter the coach confirms that the swimmer attends practices twice a week in school practice time slots. If no letter is received the club swimmer inform the coach and the necessary arrangements must be made in terms of which day he will be attending practice at school.



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Galas:

When a swimmer participates in a gala he must be neatly dressed in his BPS blue PT shorts and white BPS shirt. Swimmers are allowed to wear trainers or attend the gala bare feet. Each swimmer must, when participating in a gala, wear his "Klein Boishaai" swimming costume and he must wear a "Klein Boishaai" swimming cap. Goggles are compulsory for a gala.

4. EQUIPMENT

If a swimmer does not have his own equipment, the school will provide the swimmer with the necessary equipment during each practice. This includes flippers, pool buoy and a kicker board. This equipment will always stay at the school.

5. SWIMMING TEAM SELECTIONS

Swimmers are chosen according to times. These times are determined at the beginning of the year at the colour gala. The four best times for each swimming style will be chosen for the A-group swimming team.

Learners who want to improve their swimming must please attend the B-group swimming practice. There will be a possibility for a B-group swimmer to be moved up to the A-group swimming group if the swimmers meet the A-group criteria.

6. CONTACT DETAILS

Coach Group A: u.11 – u.13

Robyn Hill – rhill@paarlboysp.co.za

Group A: u.9 and u.10

Ezanne Hattingh – ehattingh@paarlboysp.co.za

Group A: u.7 and u.8

Christine Vosloo – cvosloo@paarlboysp.co.za

Group B u.7 – u.13

Ené de Bruin – edebruin@paarlboysp.co.za



ATHLETICS POLICY

1. PRACTICE TIMES

Please refer to the extra-mural timetable.

2. TRANSPORT AND GENERAL ARRANGEMENTS

Athletes who take part in zonal meetings during school hours will be transported by school buses to the meetings.

Athletes who take part in zonal and inter provincial meetings on Saturday's must be transported to the meetings by their parents. If it is impossible for parents to provide transport, alternative arrangements will be made.

Athletes need to report to the school's team manager on duty. No athlete can withdraw from an event without the notice and approval of the team manager on duty or Head of Sport.

3. CLOTHING FOR PRACTICES AND MEETINGS

PRACTICE SESSIONS:

PT shirt (Colour house shirts).

Navy blue PT Shorts / Navy tights.

Takkies with white socks are compulsory for shot put, javelin and discus practices.

Hat and sunscreen.

MEETINGS:

BPS Athletics vest / White PT shirt with school badge if vests are out of stock.

Navy Blue PT Shorts / Navy tights.

Athletics vests may be hired from the sports office at R5 per meeting. These must be returned washed, to the sports office the following day.

Takkies with white socks are compulsory for shot put, javelin and discus practice.

Hat and sunscreen.

4. EQUIPMENT:

All athletes must provide their own clothing for practice sessions and meetings.

Spikes are optional and must be provided by the athlete.

All the equipment will be provided by the school during practice sessions and meetings.



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Athletes can also provide the abovementioned themselves but it may not be used during competitions/meetings.

5. TEAM SELECTION

During the last term of each year, all learners take part in heats for the field events. During the heats the 8 athletes with the best times, distances and heights are chosen from the three houses to take part in the Interhouse meeting in the first term of the following year.

For the track events there is mass participation during the Interhouse meeting. Learners enter themselves for the track events before the meeting. After the meeting, the results are used to select track athletes for the first zonal meeting. As with the field events, athletes for the track events are also chosen on merit.

All these athletes who were chosen for the field and track events form part of the athletics team who will then practice on the days as indicated on the extra-mural programme.

Athletes who are unable to attend practices need to give a valid excuse to the relevant coach. Learners that do not form part of the athletics team, who still want to practice athletics are welcome to do so (Excluding hurdles).

POLICY FOR BIATHLON

BIATHLON

- Season : October – March
- Events take place on Saturdays.
- Parents enter athletes online at <http://www.wpbiathlon.co.za/>

1. SWIMMING PRACTICE

- It is expected of each swimmer to wear a swimming cap during practice at school.
- Learners are permitted to wear any swimming costume during practice at school, this excludes board shorts.
- If a swimmer cannot attend a practice he must inform the coach. No swimmer is allowed to send a message via another swimmer to excuse himself from a practice.

2. DRESS CODE DURING BIATHLON EVENTS.

- When a swimmer participates in an event, he must be neatly dressed in his BPS navy blue PT short and white BPS shirt.
- Swimmers are permitted to wear trainers or attend the gala barefoot. Each swimmer must, when participating in a gala, wear his BPS swimming costume and he must wear a BPS swimming cap.
- Towel.



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3. SUN POLICY

- The school's sun policy should be strictly followed.
- Each boy must bring his own water bottle and sun screen to practices and matches.
- Players should be allowed to take a break during matches to take in some liquid if it is too hot.

4. BIATHLON (RUNNING)

DRESS CODE DURING PRACTICE AND EVENTS

- Navy blue Boishaai shorts
- White BPS golf shirt or BPS Athletics vest
- Socks
- Takkies (No bare feet)
- School tracksuit during events



WINTER SPORT

CROSS COUNTRY POLICY

- Season : April – September.
- Events take place on Friday afternoons at various venues
- Athletes enter by collecting a letter from the Cross Country organizer, Mr E. Wolfaardt. Entry fee is R5 per event per athlete.

1. Dress code during cross country events

- Navy blue Klein Boishaai shorts.
- White BPS golf shirt or BPS Athletics vest (Available to hire from the sports office at R5 per event).
- Socks.
- Takkies (No bare feet).
- School tracksuit before and after taking part at events.

2. Dress code during cross country practice

- Navy blue Klein Boishaai shorts.
- White BPS golf shirt or BPS Athletics vest.
- Socks.
- Takkies (No bare feet).
- School tracksuit in case of inclement weather.

3. Practice times and venues

Cross Country : As per the extra mural programme.

Practices take place on the BPS rugby fields. The boys will often run on the roads in the vicinity of the school under the supervision of the cross country organizer.



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4. Transport to events

Bus transport will be available if parents cannot transport their son. Indicate on the reply slip if you would like to make use of bus transport.

5. Athletes

Any u.8 – u.14 boy may take part and attend practices.

6. Rainy days

Practice and meetings will continue in rainy conditions. In case of extreme weather, a decision will be made at 12:00 on the day.

GOLF POLICY

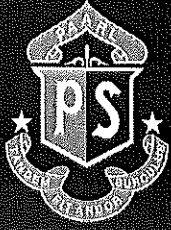
Learners who are already members of SAGA will play 9 holes at Boschenmeer Golf Course on Friday afternoons from 14:30 during term 2. Players have to pay their own green fee at a reduced tariff. Mr C. Zondagh will play with the learners in order to assist them with various aspects of golf. The top 4 golf players in the school will participate in the Ernie Els Golf Championships.

1. Clothing during meetings

- White BPS golf shirt
- Any pair of golf pants. (Chinos long or shorts)

2. Clothing during practice

- Any suitable golf clothing.



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3. Practice times and place

- Friday 14:30 – Learners will play 9 holes with the coaches. Coaches will help learners with various aspects of the game. Playing will take place at either Boschenmeer or Wellington Golf Clubs. (Course will be announced weekly.)
- 16 Players can be accommodated per practice session. Players pay their own green fees.

4. Transport to meetings

- Bus transport is available to league matches which will take place on Mondays.

5. Participants

- Learners must be registered with SAGA (South-African Golf Association) and have a valid handicap.

6. Rainy days

- No golf will take place on rainy days. The decision will be made at 12:15.

7. Meetings

- 8 Players will play league matches on certain Mondays.
- Top four players will take part in the Ernie Els Primary School Golf Championship.



HOCKEY POLICY

1. Practices

- Boys need to be punctual for practices and matches.
- Inform coaches in time if players are not available for practices and matches.
- Please refer to the extra-mural programme for practice times.

2. Clothing and equipment

Basic skills for u.7 and u.8's:

NB! Takkies are compulsory for practices and matches.

3. Practices:

- Navy blue Klein Boishaai sport shorts.
- White Klein Boishaai golf shirt.
- Hockey socks.
- Takkies or hockey shoes.
- School tracksuit in case of inclement weather.

4. Matches:

- Blue Boishaai sport shorts.
- White Kleinboishaai sport shirt and first team players wear their first team shirt.
- Hockey socks.
- Takkies or hockey shoes.
- School tracksuit in case of inclement weather.

5. Equipment:

Basic skills: u.7 and u.8

Players may use their own hockey sticks but sticks are available. Hockey balls will be provided.

Practices:



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u. 9 – u.14:

- Every player has to bring his own hockey stick and hockey ball to practices.
- Mouth guards and shin guards are compulsory.
- The u.14 goalies keep the goalie kits with them to practice at home.
- The u.11 goalie kits, hockey balls and cones are kept in the sport store at the sport organiser's office and can be fetched for practices and matches.

Matches:

u. 7 and u.8:

- Hockey sticks can be hired from the sports office.

u. 9 – u.14:

- Every player needs to bring his own hockey stick and hockey ball.
- Mouth guards and shin guards are compulsory.
- Goalie kits: the transport and cleaning of kits is the goalie's responsibility.
- u. 14A and B-teams: defenders play short corners with face masks (provided by the school)–the specific players will be responsible to look after it.

6. Team selection

Selection of teams – decision rests with coaches.

- Best players are chosen for teams by merit.
- Players may not participate outside their age group. The age which the player will reach in that year or the age group as indicated by the parenting body of the sport, indicates the age under which he will participate. No over age players may compete in any competition at BPS.

7. Reserves

Usually play for the B or lower team. The reserves will play a full match in the lower team and assist the higher team in case they need a replacement.



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8. Age groups

- u. 7 and u.8 – Basic skills (Compulsory for all Grade 1 and 2 learners)
- u. 7 and u.8 – A, B, C, D teams (All welcome, teams chosen by merit)
- u.9 – A, B, C, D teams
- u.10 – A, B, C, D teams
- u.11 – A, B, C teams
- u.14 – A, B, C, D teams (All grade 6 and 7 hockey players)

9. Transport

Practices

- u.7 - u.14 practice at PBS Astro. Parents responsible to get boys to practices

Matches

- Bus transport is always available. Parents will be asked to help if more transport is needed.

10. General

- Boishaaiers are true gentlemen. Players and coaches will make the following part of this sport code: GREETING, WELCOMING, THANK YOU and CONGRATULATIONS.
- Any problems need to be reported to the Sport Office.



RUGBY POLICY

1. General

- It is imperative to be on time. Report to the field 5 minutes before a practice begins and 30 minutes before a match begins. If the coach has made other arrangements, keep to it.
- If a player is sick or has an injury, the coach needs to be informed beforehand.
- A sick player will not be able to play / practice.
- Players should bring their own water bottles to practice, even though rugby is a winter sport, it is important that players stay hydrated.

2. Clothing

Sportswear and mouth guards:

Appropriate clothing and equipment that is made specifically for the nature of the sport must be worn to prevent injuries.

Sportswear for practices:

- Any colour rugby shorts.
- Any rugby jersey.
- No T-shirts, vests or strange shorts are allowed for the senior teams.
- The u.7 – u.9 players may attend practices wearing t-shirts.
- A mouth guard.
- Always arrive at a practice with the school tracksuit top or a warm jacket.
- Only navy blue / black scrum caps will be allowed. (The cap is not compulsory)
- Stripe blue and white scrum cap are also allowed.



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Sportswear at matches:

- Klein Boishaai blue rugby shorts.
- Klein Boishaai rugby jersey.
- School tracksuit.
- A mouth guard.
- u. 13 team in school uniform.
- All teams always travel in their school tracksuit and sports shoes (Takkies).
- Only navy blue / black scrum caps. (The cap is not compulsory)
- Stripe blue and white scrum cap are also allowed.

NO "SKI-PANTS / TIGHTS / LONG SLEEVES / SECOND SKIN" OR ANY CLOTHING MAY BE VISIBLE UNDER THE SPORT UNIFORM.

3. Transport

We are extremely grateful to our parents who assist us in this regard. On a match day all coaches, teams and players meet in the quad to ensure all are present and ready. Transport by bus will be available in case parents cannot help out with transport. If a player is to be transported by another party he needs permission from his parents or guardians to do so.

Time of departure and anticipated arrival times will be communicated via team lists. Please ensure that all players are on time. In case of an emergency please contact the coach immediately. If you are not able to arrange transport or transport your child yourself, please contact the coach timeously so that arrangements can be made. If the busses are used as transport, players must report to the designated areas timeously. Players must remain seated for the entire trip. Parents will be notified of the time of arrival back home. Bus transport is costly therefore we appreciate the assistance of the parents regarding transport. In away week games during the week, every player is obliged to take the bus.



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4. Team selection

- Teams are selected on merit by specific coaches in specific groups.
- All boys take part in rugby trials at the beginning of each year, at which point all the relevant coaches are present.
- A minimum of two test match days will take place where teams will be selected on merit according to the player's performance on the specific day.
- At u.13 and u.11 level and for pre-season tour groups, structured practices and skills sessions will take place for an x amount of players who will be chosen after trials.
- For the **2019** season the trials for the senior rugby (u.13 & u.11) will be held in the first term, thus giving the coaches more time to assess the skills package set needed.
- While all care is taken in selecting the A and B teams, the best players on the day are selected on their skills/performance which were observed at the time. However, the teams are never final and can change at any time. If a boy is good enough to be "moved up" (or vice versa) the necessary considerations will be made by the Head Coach of the age group, the coach of the respective team and Rugby Organizer.
- Teams are divided into positions by the selection committee. Players are placed according to where the committee considers the players will perform well as a team.
- Team selections remain the coaches decision.
- The school will organise a trial practice at the beginning of the season to ensure all players get a fair chance to fit into a team. Here coaches work together to place players into groups.
- No teams are final. Players' development and growth are monitored throughout the season.
- Players' positions in teams are the sole function and responsibility of the coaches.
- Acknowledgment is once again given to the fact that learners develop and can grow into certain positions.

5. Age groups

No u.14 players are permitted to play trials. Players may not participate in a lower age group. Eg: u.10 in grade three may not play in the u.9 team.



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The age the learner is turning during the specific year will indicate in which team he will play. No over age player will be permitted to play at BPS.

CHESS POLICY

1. Practice times

Practice times: According to Extramural programme.

2. Matches

League matches take place in the second term. The Boland Chess League sets up the programme for the schools which fall in our area. Matches take place on a Friday afternoon after school. Some schools are able to provide A and B teams, whilst others can only field one team. If it is an away match, our boys will be transported, by school bus, to the opposing school and returned to our school at the end of the match.

Together, the organizer and coach, decide on the composition of the team / teams. There is no age restriction. Ability is all that counts. The team choice may change according to the development of the players.

If our school is invited to tour far from home together with the other sporting codes, the boys younger than Grade 4 will not be included in the travelling team.

3. Tournaments

We receive invitations to tournaments offered by other schools. These may take place in any term. Learners are informed when invitations are received and they are able to enter as many as they would like. The learners enter these as individuals. The Chess Organizer will do all the paper work needed for this. Parents accompany their son's to these events.

4. Boland Trials



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The learners are notified when the trials begin and they enter as individuals. The Chess Organizer will do all the paper work needed for this. The Boland Chess League notifies those who have been selected to continue with further rounds. Parents accompany the learners to these events.

5. Clothing

All learners must wear full school uniform at all tournaments and matches.